

LUNG CANCER
CONNECTION

Spring 2025



LUNG
CANCER
CANADA

AWARENESS. SUPPORT. EDUCATION.

CANCER
PULMONAIRE
CANADA

SENSIBILISER. SOUTENIR. ÉDQUER.

Lung Cancer Connection: Spring 2025 Newsletter

Stay connected with us on social media!



Welcome to the Spring 2025 edition of *Lung Cancer Connection*! As we embrace the promise of renewal this season, we are filled with hope and an unwavering commitment to making a meaningful impact in the lung cancer community. Spring symbolizes new beginnings, and at Lung Cancer Canada, we're using this time to advance critical initiatives, empower communities, and share the stories of resilience that inspire us all.

In this issue, you'll find exciting updates on our work to support the lung cancer community:

- **You're Not Alone: Navigating a Lung Cancer Diagnosis** – Explore the resources and support available to those impacted by lung cancer, guiding you through every step of the journey.
- **Bringing Hope to Communities Across Canada: 2025 Lung Cancer Summit Series** – Join us as we travel across the country to connect, educate, and inspire at our regional Lung Cancer Summits.
- **Make Your Voice Heard: Faces of Lung Cancer 2025 Survey** – Your insights matter! Help shape our advocacy efforts by sharing your experiences and perspectives in this important survey.
- **Strengthening Our Impact in Quebec** – Learn how we're making strides in shaping cancer care in Quebec, with a special focus on policy recommendations and future priorities for the province.
- **Lung Cancer Voices Podcast Series** – Tune into insightful conversations with members of the lung cancer community, offering invaluable knowledge and perspectives for both healthcare professionals and those with lived experience.
- **Advancing Lung Cancer Research: Our Commitment to Innovation and Hope** – Read about our latest research investments that are paving the way for new treatments and improved health outcomes.
- **Give a Breath 2025** – Get ready for the return of the nationwide movement dedicated to raising awareness and much-needed funding for lung cancer support and research.

This season, we're more committed than ever to supporting those affected by lung cancer. Whether you're newly diagnosed, a survivor, or an advocate for change, this issue highlights opportunities for you to connect, share your voice, and take part in the ongoing fight for a future where lung cancer is no longer a life sentence.

Together, we are making real progress. We are building a community of strength and hope, where every voice matters, and every story inspires change. We are excited to continue working alongside you to push for a brighter tomorrow, where every person impacted by lung cancer has access to the care, treatment, and support they deserve.

Thank you for being part of this journey. Together, we will keep moving forward with passion, purpose, and the unwavering belief that better days are ahead.

Stay strong. Stay connected. You are not alone.

Let's get started!

Shem Singh
Executive Director
Lung Cancer Canada



Newly diagnosed with lung cancer?
You're not alone.

Get Support Today:
Speak with a Social Worker
Connect with Someone Who's Been There
Join a Support Group
Access Your Comprehensive Guide to Lung Cancer

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lungcancercanada.ca

You're Not Alone: Navigating a Lung Cancer Diagnosis

A lung cancer diagnosis can feel overwhelming, bringing uncertainty, fear, and countless questions. At Lung Cancer Canada, we want you to know that you are not alone. We are here to support and guide you every step of the way.

Support When You Need It

No matter where you are in your journey — whether you're newly diagnosed, starting treatment, or managing the emotional and practical challenges of lung cancer — our resources and programs are designed to help you navigate this path with confidence.

Speak with a Social Worker

Our experienced social workers provide emotional support, connect you with resources, and help address any challenges you may face. Whether you need someone to talk to, help managing financial or practical concerns, or guidance on next steps, we are here to listen and assist.

To speak with a Social Worker, contact a member of our support team at 1-888-445-4403 or [email us](#).

Connect with Someone Who's Been There

Sometimes, the best support comes from those who truly understand. Our peer support network connects you with lung cancer patients and survivors who have been in your shoes. They can share their experiences, offer encouragement, and provide insight into what to expect.

[Get Connected with a Peer](#)

Join a Support Group

You don't have to go through this alone. Our patient and caregiver support groups provide a safe, welcoming space to share experiences, ask questions, and receive emotional support. Connecting with others who understand your journey can make all the difference.

[Learn More About Our Support Groups here](#)

Take Charge: Your Comprehensive Guide to Lung Cancer

Knowledge is power. Your Comprehensive Guide to Lung Cancer provides clear, reliable information about your diagnosis, treatment options, and how to manage side effects — helping you make informed decisions about your care. Developed by medical professionals from across Canada, this guide is available for free in English and French.

[Read the Guide online here](#), or request a free printed copy by emailing us.

Find Strength in Every Story

Real-life experiences can offer hope and encouragement. Read stories from people who have faced lung cancer and are now helping others navigate their own journeys. Their resilience reminds us that there is strength in unity.

[Read Stories of Inspiration here](#)

And That's Not All...

We offer webinars, articles, and additional resources to keep you informed and supported. Whether you need help understanding your diagnosis, managing treatment side effects, or coping with the emotional impact of cancer, we are here for you.

You Are Not Alone

Lung cancer can happen to anyone with lungs, but no one should face it alone. Let us help you navigate this new chapter with hope, strength, and community.

For support, contact us at 1-888-445-4403 or email us at info@lungcancerCanada.ca



2025 Lung Cancer Summit Series

Each year, Lung Cancer Canada brings Lung Cancer Summits to cities and towns nationwide — each one tailored with local partners to address the unique needs of its community.

In the past two years, we've visited Edmonton, Sudbury, Thunder Bay, Vancouver, Winnipeg, Toronto, Hamilton, Ottawa, and Saskatoon. And in 2025: Halifax, St. John's, Montreal... and more!

Learn. Connect. Engage.

Are you ready to be part of a transformative event dedicated to providing essential resources and information for anyone impacted by a lung cancer diagnosis? Mark your calendars and join us for one (or more!) of our upcoming events:

Halifax, NS – Tuesday April 15, 2025

Time: 5:00 pm - 8:00 pm AT

Location: KTS Lecture Hall, University of King's College, 6350 Coburg Rd, Halifax, NS

St. John's, NL – Wednesday May 14, 2025

Time: 5:00 pm - 8:00 pm NT

Location: The Lantern, 35 Barnes Rd, St. John's, NL

[Register for the Halifax and St. John's Summits here!](#)

Want to see a Lung Cancer Summit in your city or town? Let us know! Write us at info@lungcancerCanada.ca

Together, we can drive education, advocacy, and meaningful change in more communities.



Make Your Voice Heard!

As we prepare for the **2025 Faces of Lung Cancer Report**, we reflect on the powerful insights shared in last year's edition, *Equity in Lung Cancer: Uniting Voices, Ensuring Access, Improving Lives*. The 2024 report highlighted the urgent need for equitable healthcare access, the barriers faced by patients, and the importance of unity in the lung cancer community.

Now, we're looking ahead — and we want your input.

- What topics should we explore next?

- What issues matter most to you and your loved ones?

- How can we continue to amplify the voices of those affected by lung cancer?

Your experiences and perspectives are invaluable. By sharing your thoughts, you'll help ensure that the 2025 Faces of Lung Cancer Report reflects the realities, challenges, and needs of our community.

Make your voice heard! Together, we can drive meaningful change and continue advocating for a future where everyone affected by lung cancer receives the care and support they deserve.

Take the 3 min survey
here!



Strengthening Our Impact in Quebec

Lung Cancer Canada is proud to be part of a major initiative shaping the future of cancer care in Quebec. In collaboration with the Quebec Cancer Coalition, we have contributed to a comprehensive report that outlines the key objectives and priorities for cancer care in the province over the next decade.

This report is designed to guide decision-makers, healthcare professionals, and policymakers as they work to implement Quebec's provincial cancer action plan. The primary focus is on:

- Reducing cancer incidence, mortality, and morbidity
- Enhancing the quality of life for patients and their families
- Addressing gaps in support and improving access to care

Lung Cancer Canada's involvement in this initiative highlights the unique challenges lung cancer patients face in Quebec, as well as existing gaps in support and care; key policy recommendations to improve early detection, treatment, and access; and essential performance indicators to measure progress.

By working alongside the Quebec Cancer Coalition, we are ensuring that lung cancer remains a top priority in the province's healthcare system.

Lung Cancer Voices

A Podcast Connecting Science, Care, and Personal Journeys

Did you know that Lung Cancer Canada has a regular podcast?

Lung Cancer Voices is an engaging and insightful podcast series dedicated to the lung cancer community. Hosted by Dr. Paul Wheatley-Price, past president of Lung Cancer Canada, and Dr. Nathalie Daaboul, a leading medical oncologist, this series brings together experts and individuals with lived experiences to share powerful conversations that inform, inspire, and empower.

Why Tune In?

Each episode of Lung Cancer Voices explores critical topics shaping the landscape of lung cancer today. Whether you are someone with lived experience, a healthcare professional, or advocate, this series provides:

- Expert insights from leading researchers and oncologists
- Personal stories from individuals living with lung cancer
- Breakthrough updates on treatment advancements
- Practical advice on navigating the lung cancer journey

What You'll Discover

In past episodes, our hosts have sat down with trailblazing researchers, dedicated clinicians, and courageous advocates to discuss:

- The latest in immunotherapy and targeted treatments
- The emotional and psychological impact of a lung cancer diagnosis
- The importance of clinical trials and how to access them
- Policy changes and advocacy efforts to improve lung cancer care in Canada

A Platform for Every Voice

Lung cancer affects thousands of Canadians, yet stigma and misinformation continue to create barriers to early detection and care. Lung Cancer Voices is more than a podcast — it's a movement to amplify the voices of the lung cancer community, working together to change the narrative around lung cancer.

Don't Miss an Episode!

Whether you're listening at home, on your commute, or during a walk, Lung Cancer Voices is available anytime, anywhere. Join us in these important conversations!



Listen
Now!



Advancing Lung Cancer Research: Our Commitment to Innovation and Hope

At Lung Cancer Canada, we believe in the promise that research represents — a promise of hope, innovation, and a better future for everyone impacted by lung cancer. Research saves lives. It has transformed patient outcomes, healthcare practices, and public health strategies, proving time and again that investment in lung cancer research is not just necessary — it's essential.

That's why Lung Cancer Canada is proud to support Canada's leading lung cancer researchers, providing critical funding to advance groundbreaking studies that will shape the future of lung cancer care. Over the past few months, we have funded several exciting new projects, and even more investments will be announced in the coming weeks!

Recent Research Grants & Awards:

Geoffrey Ogram Memorial Research Grant

Named in memory of Geoffrey Ogram, a dedicated lung cancer advocate, this grant supports innovative, high-impact lung cancer research in Canada. This year's recipients include:

- **Dr. Geoffrey Liu (Ontario)** – Investigating novel biomarkers and treatment strategies for lung cancer.
- **Dr. Biniam Kidane (Manitoba)** – Researching advancements in surgical and treatment techniques to improve patient outcomes.

Pfizer-LCC-LHF-APQ Awards in Lung Cancer Research

These awards support studies that aim to enhance patient care and quality of life through community-based interventions and digital health solutions:

- **Dr. Enam Alsayheen (Nova Scotia Health Authority, Cape Breton)** – Evaluating the effectiveness of implementing a community-based lung clinic at the Cape Breton Cancer Centre.
- **Dr. Sylvie Lambert (St. Mary's Research Centre, Montreal)** – Developing patient-reported outcome measures to improve symptom management and self-care strategies for patients with metastatic non-small cell lung cancer.
- **Dr. Erik Vakil (University of Calgary, Calgary)** – Patient preferences for the

management of malignant pleural effusions: A multi-centre discrete choice experiment

Lung Ambition Awards

Lung Cancer Canada is proud to partner with AstraZeneca Canada and the Lung Ambition Alliance to fund research that aligns with our collective goal of eliminating lung cancer as a cause of death.

Stay tuned for exciting announcements on these new research investments!

Give a Breath Research Awards (Coming Soon!)

Launching this year, the Give a Breath Research Awards, supported by the Mond's Family and the Give a Breath 5K, will provide critical funding to address gaps in post-first-line therapy for advanced lung cancer. The inaugural recipients of the awards, part of Lung Cancer Canada's commitment to accelerating lung cancer research, will be officially announced soon.

Stay tuned for the next application period opening very soon!

Building a Future Free from Lung Cancer

Through strategic funding, collaboration, and advocacy, Lung Cancer Canada is working to ensure that lung cancer research in Canada continues to thrive, innovate, and drive meaningful change for patients and families. We are incredibly grateful to the researchers, donors, and partners who make this work possible.

Stay connected for upcoming announcements on even more research investments!

[Learn more about our research opportunities here!](#)



The banner features a photograph of four runners on a path at sunrise. To the right of the photo is the 'GIVE A BREATH 5K' logo, which includes a stylized green lung icon. The text 'GIVE A BREATH 5K' is positioned to the right of the lung icon. In the top right corner, a dark green rounded rectangle contains the text 'JUNE 7 2025'. Below the logo and date, the main headline reads 'Together, we can make a difference' in a large, bold, black font. At the bottom, a light green horizontal bar contains the text 'Join us from coast to coast, in person or virtually.' in a smaller, black font.

GIVE A BREATH 5K

JUNE 7 2025

Together, we can make a difference

Join us from coast to coast, in person or virtually.



Give a Breath. Change a Life.

Give a Breath is back...in even more communities across Canada!

We are excited to announce the return of Give a Breath on **Saturday, June 7, 2025** — a day dedicated to raising awareness, funding vital research, and supporting those impacted by lung cancer. This year, Give a Breath will take place in **Calgary, Edmonton, Halifax, Ottawa, Toronto, Vancouver, and virtually**, offering participants from coast to coast the opportunity to be part of this important cause.

A Legacy of Hope and Change

When Tim Monds and his family launched Give a Breath in 2019, the goal was to bring the community together to raise both funds and awareness for lung cancer patients. What began as a local 5K run in Edmonton quickly evolved into a nationwide movement — one that has made an incredible impact.

Thanks to the unwavering support of participants, sponsors, and volunteers, Give a Breath has raised over \$500,000 to date. But its true value goes far beyond the funds — it has become a symbol of hope, strength, and resilience for the lung cancer community. It has shown us the power of a united community, and that together, we can accomplish extraordinary things.

Special Shout-Out to Our Volunteer Hosts

None of this would be possible without the dedication and passion of our volunteer hosts from across the country. From planning to executing, these incredible individuals give their time and energy to make Give a Breath a success in every city. Their commitment is truly inspiring, and we want to take a moment to offer a heartfelt thank you to all of them for their invaluable contributions. Your support means the world to us.

Looking Ahead to June 7th

The need for awareness, support, and research in lung cancer has never been greater, and Give a Breath 2025 will continue to push for progress. This year's event will again fund critical support programs and research initiatives that aim to advance the care and

treatment options available for lung cancer patients. We know that together, we can continue to make a real difference in the fight against this disease.

As we gear up for **June 7th**, we invite you to join us — whether in person or virtually. Every step you take, every dollar you raise, and every person you inspire to get involved will contribute to making Give a Breath 2025 the most impactful year yet.

Thank you for your ongoing support. Let's keep the momentum going and continue to make an impact for those who need it most.

Join us on **June 7th**, and be part of the movement!

[Register for Give A Breath today!](#)

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